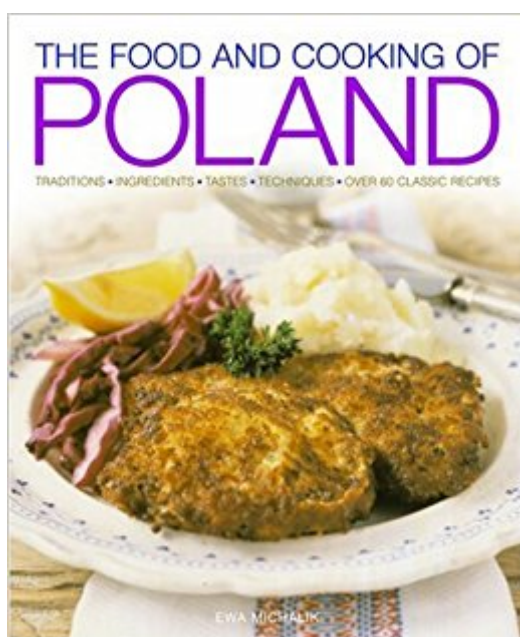


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# The Food And Cooking Of Poland: Traditions, Ingredients, Tastes, Techniques: Over 60 Classic Recipes



## Synopsis

From its rolling lowlands and meandering rivers to its lofty peaks and extensive lake region, Poland is a land where good food and warm hospitality is at the heart of everyday life.

## Book Information

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## Customer Reviews

The book is easy to follow and the recipes are excellent. The introduction into Polish food and culture is informative and a great touch! I would highly recommend this book to all those interested in Polish cooking and to those who just love great food.

This book offers a spectacular introduction for the uninitiated, and a refreshing look at the classic dishes for those who are familiar with the cuisine of Poland. Author Ewa Michalik doesn't try to overwhelm with the sheer number of recipes. Quite the opposite--she selects some signature dishes and some lesser known ones, creatively updates most of them, and complements each one with page-sized photograph. With slightly more than 60 recipes, this book is perfect for the beginner who is curious about Polish cooking. At the same time, the quality of the recipes will appeal to the more experienced reader. Finally, the beautiful presentation makes The Food and Cooking of Poland as much a feast for the eyes as for the palate.

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